Newsletter of the Rhode Island Canoe & Kayak Association Vol. XXXIV No. 9 September, 2011

September Club Meeting

Map and Compass 101 with Henry Dziadosz Monday, September 19, 2011 at 7:00 p.m.

The map and compass are the primary tools for wilderness navigation, or wayfinding. They can help you answer basic questions like: Where am I? How do I get to another location from here? How far is it, and how long will it take?



At our next meeting, long-time RICKA leader Henry Dziadosz will cover the basic operation and use of the map and compass. He will discuss navigating by compass alone, navigating by map alone, and navigating using a map and compass together. He will also discuss how a GPS can be used to provide additional information. The meeting will be held at the Jewish Community Center, 401 Elmgrove Avenue, Providence, RI.

Directions to the Jewish Community Center: From Rt. 95 South take Exit 24 and turn left onto Branch Avenue. From Rt. 95 North take Exit 24 and turn right onto Branch Avenue. Go past Benny's. Cross North Main Street and continue up the hill (past KFC). At the top of the hill cross Hope Street and continue one block to the end at Morris Avenue. Go left, then immediately right onto Sessions Street. Go down the hill to Elmgrove Avenue. The Jewish Community Center will be across the street. Please use the back entrance. Staff will buzz the door open. From there, take the elevator up to the second floor.

RICKA Picnic and Barbecue

Rescheduled to September 25, 2011

The RICKA Family Picnic and Barbecue has been rescheduled to **Sunday**, **September 25**, **2011** at the Pavilion at Fort Getty in Jamestown. There will be flatwater and sea kayak trips, a great barbecue lunch, and the 2011 RICKA Volunteer Awards Ceremony.

If you have already registered, we look forward to seeing you then. If you are unable to attend and need a refund, or if you would like to register now, please see page 3 for details. New registrations and any cancellations must be received by September 17, 2011.

We look forward to seeing you there.

Did you know...

The American Canoe Association works everyday to educate paddlers, advance safety practices and protect our waterways. You can learn more at the ACA website at:



http://www.americancanoe.org/



Follow us on Facebook

155 people like us – how about you? http://www.facebook.com/RhodeIslandCanoeKayakAssociation

Read the RICKA Message Boards

If you are not a regular user of RICKA's message boards, you should be! The message boards are a great place to exchange ideas, information and opinions with other RICKA members.

RICKA's message boards are definitely the place to look for last minute updates on trips – especially trip cancellations. Many paddlers also use the message boards to arrange ad-hoc trips when scheduled trips are not available. Please remember that these ad-hoc trips may not be authorized or coordinated by RICKA. You can also find interesting trip reports and pictures on the message boards.

RICKA provides its message boards as a

public service to the paddling community, so we encourage you to use them. We do ask that you use the <u>RICKA Classifieds</u> for items that you want to sell.

So if you haven't done so lately, we encourage you to check out the RICKA's three message boards:

Flatwater

http://members.boardhost.com/FLATWAT ER/

Whitewater

 $\underline{\text{http://members.boardhost.com/RI_Whitew}}\\ \underline{\text{ater}}$

Sea Kayak

http://rickaseakayaking.org/forums/

Special thanks to two great supporters of RICKA

The Sea Kayak Group would like to thank Carl Ladd from Osprey Sea Kayak Adventures and Greg Paquin from Kayak Waveology who have been generous to RICKA with their time and skills. Check out their websites for upcoming events, classes and trips.

Kayak Waveology

http://www.kayakwaveology.com/coach@kayakwaveology.com

Osprey Sea Kayak Adventures

http://www.ospreyseakayak.com/ westport@ospreyseakayak.com

The **Paddler** is published monthly except December by the Rhode Island Canoe & Kayak Association, Inc. It is not available by subscription, but is included in the cost of membership in the Association.

A new monthly feature...

Ask The Paddler

Do you have a question on paddling technique, locations or equipment? Send your questions to RICKA Safety & Education Chair Cat Radcliffe at catherineradcliffe@earthlink.net or call her at 508-369-3028 and your question may be answered in next month's issue.

EDITOR:

Erik Eckilson 11 Diana Drive Woonsocket, RI 02895 Phone: 401-765-1741 Email: eckilson@cox.net

MEMBERSHIP:

Jim Cole P.O. Box 163

Wood River Junction, RI 02894

Phone: 401-377-1033 Email: jimcole@hotmail.com

VICE PRESIDENT: Andrew (AJ) Barbato...401-568-3960......android2@earthlink.net





RICKA Family Picnic and Barbecue is Rescheduled

Sunday, September 25, 2011

Fort Getty in Jamestown

The RICKA Family Picnic and Barbecue, which was cancelled in August due to Hurricane Irene, has been rescheduled to **Sunday, September 25, 2011** at the Pavilion at Fort Getty in Jamestown. We have reserved the Pavilion from 8:00 a.m. to 4:00 p.m. When you arrive at Fort Getty, tell the attendant that you are attending the RICKA picnic and you will be admitted for free.

In the morning, flatwater and sea kayak trips will leave from Fort Getty. Check the flatwater and sea kayak message boards and calendars for revised details. Fort Getty also offers swimming, fishing and volleyball (just bring a ball). There is ample room for ball games, badminton, or most anything else. Organize an activity and bring the necessary equipment.

Lunch will be a southern barbecue from Becky's Barbecue in Middletown, RI. The

meal includes barbecued chicken and pulled pork, a variety of sides, drinks, watermelon and desert. Vegetarian and kid's meals are also available. Lunch will be will be served starting at 1:00 p.m. for about an hour. The 2011 RICKA Volunteer Awards Ceremony will follow lunch. The cost is \$12.50 for paid-in-full members and their families, \$22.50 for non-members, and \$5 for children 12 and under.

If you have already registered, we look forward to seeing you then. If you are unable to attend and need a refund, please contact Jim Cole at:

Email: jimcole@hotmail.com Phone: 401-377-1033

If you would like to register now, please send the reservation form (see below) and check payable to RICKA to:



R.I. CANOE and KAYAK Assn., Inc. P.O. BOX 163 WOOD RIVER JCT, RI 02894

New registrations and any cancellations must be received by September 17, 2011. Please use subject of "RICKA Picnic" when sending email cancellation requests. Directions to Fort Getty are on page 4.

We look forward to seeing you there!

| Member Name: | |
|--|--|
| Number of Adult Meals: Number of Adult Vegetarian Meals: Number of Kid's Meals: Number of Non-Member Meals: | X \$12.50 = \$ X \$12.50 = \$ X \$5.00 = \$ X \$22.50 = \$ Total Enclosed \$ |
| Please make checks payable to RICKA And mail them to: R.I. CANOE and KAYAK Assn., Inc. P.O. Box 163 Wood River JCT, RI 02894 | |





Directions to the RICKA Family Picnic and Barbecue The Pavilion at Fort Getty in Jamestown

GPS coordinates to the pavilion N 41°29.323' W 071°23.932'

From 95 North Bound:

Take exit 3 to Route 138 East. Turn left at light where Route 138 East merges with Route 1. Take the Jamestown/Newport Bridge exit (Route 138 East). Follow Route 138 East to Jamestown via the Jamestown Bridge. Take Helm Street exit onto access road and go straight at the stop sign. Follow road out and take a right at the stop sign onto North Road. Go straight at 4 way intersection and follow road out past Mackerel Cove Beach. After the beach take first right onto Fort Getty Road and continue onto the gatehouse and check in.

From 95 South Bound:

Take Route 4 to Route 1. Take the Jamestown/Newport Bridge exit (Route 138 East). Follow Route 138 East to Jamestown via the Jamestown Bridge. Take Helm Street exit onto access road and go straight at the stop sign. Follow road out and take a right at the stop sign onto North Road. Go straight at 4-way intersection and follow road out past Mackerel Cove Beach. After the beach take first right onto Fort Getty Road and continue onto the gatehouse and check in.

From Newport:

Follow Route 138 West over the Newport Bridge. Take the first Jamestown exit. Bear right at the yield sign and continue until stop sign. Turn left onto Conanicus Avenue and go straight at the next intersection. Follow road approximately .5 miles and take a right onto Hamilton Avenue. Go straight at stop sign. Follow road out past Mackerel Cove Beach. After the beach take first right onto Fort Getty Road and continue onto the gatehouse and check in.

Planning a Trip with Kids

We've all been there - planning a trip with the kids, and wondering how to make sure that everyone has a great time. Where will we go? What do we need? What if it rains? What if someone isn't happy?

RELAX - don't stress. This is supposed to be fun, remember! Here are some tips to help you plan an outdoor adventure that everyone can enjoy.

Get your head into the "paddling with kids" zone: It takes a little more planning to run a successful trip with the little ones along

Challenge, but don't overreach: Start on small lakes, protected bays and easy rivers.

Work your way up to more difficult trips as skills progress.

Keep it short: Paddle about one-third the distance you would travel with your adult counterparts. Once again, distances can increase as skills progress.

Reset your expectations: Forget about going fast or far. Focus on learning and **FUN**.

Anticipate potential discomforts: Plan a snack break. Carry rain gear if the forecast is iffy. Bring a thermos if it is cold. Bring a change of cloths in a waterproof bag.

Always wear your PFD: For RICKA members this goes without saying, but we'll say it again anyway – **always wear your PFD.**

Padding is a great way to bring the whole family together. By focusing on the



A fun family evening on the Slatersville Reservoir with the Blackstone Valley Paddle Club.

experience rather than the destination, you can build memories that will last a lifetime.

This article is adapted from "Planning a Family Outdoor Outing" by Matt Putnam which appeared in the Aug.-Sept. 2011 issue of <u>The Gansett Gazette</u> – Newsletter of <u>Narragansett Chapter of the Appalachian Mountain Club</u>





Paddling with Whales Saguenay Fjord in Quebec

By Paul Bender

I'd been planning a trip to British Columbia, but work and life combined to make the trip inconvenient. I did not want the summer to pass without some sort of kayak adventure, so we decided on Saguenay Fjord in Quebec. This is an area where we could reasonably expect to see Beluga whales. It is also an area that is amenable to kayak camping.

We drove straight up to Tadousac in one day. It is about a 10-hour ride without any significant stops. This set us up to be at the launch around 9:00 a.m. and on the water before 10:30 a.m. the following day.

Our first day on the water started off warm with a little wind. We paddled towards Baie Sainte-Marguerite when suddenly we were surrounded by Belugas. They were popping up all around us. We sat back and enjoyed until a lull in the whale surfacing, then we paddled hard until we landed on the northeast edge of Baie Sainte-Marguerite. We needed to rest and get some food.

As we set out again, the wind was blowing about 20 knots. The waves with an opposing tide had built to at least a 2-foot chop, and it was difficult for us to make forward progress. Fortunately, our first



Paddling into a strong wind

campsite was closer than I expected and we dragged our tired bodies ashore in a cove protected from the wind.



One of many pretty campsites

Our campsite was beautiful. We were the only campers on the six well-spaced tent platforms. We cooked up our steaks and potatoes and relaxed in the evening light.

The second day started out beautiful, but with a head wind. It appeared to be coming across the fjord, so we crossed over to the other side to seek refuge. We fought it for a while, but decided to change our plans and take our chances that there would be an open campsite at one of the three pullouts that were within our reach.

With that decision made we crossed back over to explore some islands on the other side. We sought out eddies to push us against the tide and played in some mini tidal rips. We ate lunch in Anse Gagnon. The gradual slope of this beach combined with the 15-foot tides had us pulling in the boats every 10 minutes. On the crossing back over to Anse à Tidée we spotted one lone Beluga.

When we arrived at the pullout at Anse à Tidée we were the only campers. Just as were ready to settle in, 5 paddlers came

around the corner to join us. We let them use the beach and we cooked dinner up by our tent.

Because of our plan change, the paddle the next day from Anse à Tidée to Anse au Cheval was only about 3 miles. It would bring us back to Baie Sainte-Marguerite where we hoped to see the Belugas again. We weren't disappointed. Near the mouth of Baie Sainte-Marguerite there were Belugas everywhere. We even saw one floating vertically in the water with its head in the air.

We got an early start on our final day's paddle. The water was calm and the sun was warm. It was relaxing and uneventful until we heard the blow - a Minke was feeding in the cove in front of us. We sat spinning on the eddy line in front of Anse a Pierrot for at least a ½ hour while the Minke surfaced dozens of times. Finally it crossed the Fjord to give a similar show to some kayakers we could see on the other side!



Minke whale surfaces in the distance

Our experience on the Fjord was phenomenal. The whale encounters were unforgettable and the camping was beautiful. Unfortunately it will take some really close encounters to exceed this experience, but I'd be willing to settle for "more of the same"!

You can also check out Paul's blog Kayaking Adventures at: http://kayakingadventures.blogspot.com/





Secretary of the Interior visits RI

By Meghan Kavanaugh Valley Breeze
August 17, 2011

CUMBERLAND - The Secretary of the Interior Kenneth Salazar visited Rhode Island Wednesday, stopping in Cumberland to tour the Blackstone Valley Bike Path and the Blackstone River Visitor Center, as he begins the process to create the state's second national park.

The park would occupy several areas, including the Slater Mill in Pawtucket and villages in Cumberland and Lincoln. Salazar said public comment will end at the end of the month, and he will make a recommendation for the park.

Citing the rich heritage and opportunity of economic growth in the Blackstone Valley, Salazar, at a press conference at the Blackstone River Visitor Center off Rt. 295, said it is his wish that the park happen.

"As we were down there on the path," Salazar said, "I thought it promoted job creation and good health."

The creation of new jobs is one of the most powerful incentives, in addition to the preservation of a "great heritage and understanding of history," Salazar said.

"We create over two million jobs a year, and they're jobs that can't be exported," he said, adding that for every dollar put into a national park, there is a four dollar return.

While he acknowledged that it would be a "tough fight" getting the national park passed in Congress, Salazar said he will work hard to get bipartisan support because "we need to invest in those things that are important."

The creation of the park would also attract tourists who would stimulate local economy, Salazar said.

"When you have a national park, it becomes a magnet for tourists," Salazar told The Breeze. "It will immediately become a magnet that will benefit Ashton."

"It's time for a second national park in Rhode Island," Salazar said. "It's about time. We're formally moving forward."

Gov. Lincoln Chafee, U.S. Sen. Jack Reed, U.S. Sen. Sheldon Whitehouse, U.S. Rep. David Cicilline, Cumberland Mayor Daniel McKee, Pawtucket Mayor Donald Grebien and North Smithfield Town Administrator Paulette Hamilton were also in attendance at the press conference.

Discounts for Members

The following retailers offer special discounts for RICKA members:

Blackstone Valley Outfitters

401-312-0369

http://www.bvori.com/

Claude's Cycles

508-543-0490

http://www.claudescycles.com/

CrossFitRhody

http://www.crossfitrhody.com/

Osprey Sea Kayak Adventures

508-636-0300

http;//www.ospreyseakayak.com

Outdoorplay.com

http://www.outdoorplay.com/kayaks

Quaker Lane Outfitters

800-249-5400

The KayakCentre

508-636-0300

http://www.kayakcentre.com/

WaveLength Magazine

http://www.wavelengthmagazine.com/

See the website for details and

RICKA and BVPC Paddlers meet Secretary Salazar

As Secretary of the Interior Kenneth Salazar walked across the bridge at the Bike Path in Ashton on August 17, 2011, paddlers from RICKA and BVPC were on the river below raising their paddles in support of a new national park in Blackstone River Valley.

No one has done more to promote paddling in the Blackstone River Valley than the rangers from the John H. Chafee
Blackstone River Valley National Heritage
Corridor. Before the corridor, paddling on the Blackstone River often included poison ivy covered access points and long, difficult portages around dangerous dams.
Rangers from the corridor worked tirerlessly to improve access and open the Blackstone River to paddlers of all skill levels.

The rangers also helped to establish the <u>Blackstone Valley Paddle Club</u> (now part of RICKA) which has helped thousands of people discover the joy of paddling and the beauty of the Blackstone River.

The public comment period is closed, but you can read the Special Resource Study at the public comment website:

http://www.parkplanning.nps.gov/document.cfm?parkID=261&projectID=20178&documentID=42180





Before you Paddle...

Educate yourself about the area in which you will be paddling, and carry appropriate gear, clothing, water, food, etc. Always check the weather forecast before launching. YOU ALONE ARE RESPONSIBLE FOR MAKING THE DECISION TO LAUNCH YOUR BOAT.

Flatwater Trips

Late cancellations & changes to trips will be posted on the Flatwater Message Board. Please check Message Board before leaving for a trip. Check web site for directions and/or GPS coordinates.

September 3rd - meet at 10:00 for a 10:30 launch

Salt Pond in Galilee

Trip coordinator: Bill Brown kayakbill222@aol.com

Trip is offered again due to popular demand. Bring a lunch. Trip is suitable for all.

September 11th - meet at 10:00 for a 10:30

Charles River - Cambridge to Boston Trip coordinators: Louise Price weezrad@yahoo.com and Cheryl Thompson Cameron stonefoxfarm@juno.com401-647-5887

A fun paddle through the Cambridge locks.

September 17th - meet at 10:00 for a 10:30 launch

Hopeville Pond and the Pachaug River Trip coordinator: Bill Brown kayakbill222@aol.com

Hopeville Pond is a three-mile section of Pachaug River in Griswold, CT. It winds through woodland and farmland between a dam at the north end and a section of the

Pachaug River connecting to Pachaug Pond Trip coordinators: Louise Price at the south end. Pachaug pond can be reached by paddling upstream on the river at the south end and carrying around the

September 18th - meet at 10:00 for a 10:30 launch

Palmer River

Trip coordinator: Henry Dziadosz henry@twincitysupply.com401-567-0313.

Bring a lunch. Trip is suitable for all.

September 24th - meet at 10:00 for a 10:30 launch

Charles River & Populatic Pond -Norfolk to Medway/Franklin MA

Trip coordinators: Louise Price weezrad@yahoo.com 508-441-7279 and Frank Cortesa 508-369-8205 frankcortesa@charter.net

The Charles River affords wonderful canoeing and kayaking - especially where the river moves past picturesque Populatic Pond, a recreational body of water open to non-motorized boating. The pond connects to the Charles River and straddles the border between the three adjacent Towns of Franklin, Medway and Norfolk.

September 25th

RICKA Family Picnic and Barbecue See page 3 for details

October 1st - meet at 10:00 for a 10:30

Taunton River- Church Street to the Weir

Trip coordinator: Lee Parham leeparham@myway.com508-286-5999

This is a tidal dependent trip, please make every effort to be on time. Lee Parham offers this paddle to RICKA paddlers to bring awareness to the Taunton River Watershed Alliance.

October 2nd - meet at 10:00 for a 10:30 launch

Buffumville Lake in Charlton, MA.

weezrad@yahoo.com 508-441-7279

Almost 500 acres of land and 200 acres of water comprise the natural environment at Buffumville Lake. The U.S. Army Corps of Engineers built Buffumville Dam in 1958 in response to the floods of 1936, which caused tremendous property damage and took many lives in the region. It is now an outdoor recreation spot providing hiking, fishing, swimming and an excellent paddling destination.

Sea Kayak Trips

Kayaking on the ocean is an inherently risky endeavor. Before choosing to participate in a group trip, check the marine forecast and consider the trip level. Check the Sea Kayak Paddling Basics section of the website for more information about group trips. See the Sea Kayak Message **Board** for additional trips in September.

September 25th

RICKA Family Picnic and Barbecue See page 3 for details

Whitewater Trips

Late cancellations & changes to trips will be posted on the Whitewater Message Board. Appropriate skills and equipment are required for whitewater trips.

September 24th - please RSVP West River - Jamacia, VT Trip coordinators: Andy Viera andyv52@hotmail.com and Erik Eckilson eckilson@cox.net

The annual fall release. Depending on who attends, we will paddle the upper class III, and maybe the lower class II sections.





RICKA Classifieds

Classified ads free for RICKA members and are printed here on space-available basis. Please see the website for the complete list.

- **Old Town Tripper canoe** green, 17'2", newer nylon web seats, thwart, carrying yolk and kevlar skid plates \$495. Call Lee at 508-286-5999 or e-mail leeparham@myway.com
- Valley Avocet Kayak 16' x 22" 13" depth. British green over white hull w/yellow stripe between. 54lbs. New \$3699 3 yrs old good shape. \$1850 or best offer. Call Bruce 508-364-5877 or email cpecdwheels@yahoo.com
- Current Designs "Zone" 17' X 24.25" X 54 lbs. high performance SOT kayak in mint condition. Rudder controls/foot pegs have been upgraded to the Smart Trak Toe Pilot system. Price includes seat, leg straps and owner's manual. \$1300 Photos available. Email Chris, c2pies@cox.net
- Tandem 16 foot wood canvas canoe, no seats (probably made in 1950's before seats became popular) \$450 or best offer. Tandem 16 feet blown fiberglass canoe with wood/web seats and aluminum gunwales. In very good condition and ready for the water \$340 or best offer. Willing to include 2 paddles and 2 pfd's with canoes. Pictures are available of both. Woman's Dry suit, small/med, needs gaskets, very good condition \$250 or best offer. Contact Jim at imcole@hotmail.com
- Wanted to buy, rent or borrow: Solo Canoe, 14.25' to 15' long, with 32" to 35" beam. Royalex with slight rocker and shallow V design. Canoes that fit this category include, Mad River Guide, Eclipse, Independence or similar design. Depending on boat and condition may be willing to trade for my Kevlar Mad River Guide. Contact Jim at jimcole@hotmail.com
- Greenland Rolling Kayak built by Jay Babina, stitch and glue, very low volume kayak designed for rolling practice. 17' 2" x 20". Beckson hatches fore and aft. Paddle entry deck lines added fore and aft with recessed fittings. First \$600 takes it. Can be seen in Narragansett area. Now in Yonkers NY Jerry Borenstein
- **Dagger Super Ego** little bit larger playboat for those in the 140lb 220lb range. Boat is in good condition. No cracks or oil canning. Colors are blue and green. Asking \$250. Located in Bellingham, MA. Contact Andy and v51@hotmail.com
- Wanted Load bars for S60 Volvo and Glide & Set and Hull-a-Port Pro or equivalent for two 11' kayaks. Call Jim @ 774-273-0011 or e-mail jimlimperis@comcast.net
- Waterproof camera case, good down to 110ft. Cost new \$264.00, Selling for \$60 obo. Ewa-Marine D-A Marine case for digital photo camera Glass, PVC, like new. Perfect for super zoom digital cameras. Contact Jim at Jimcole@hotmail.com
- **Looksha Sport Kayak by Necky**. 14'6" x 23". Stable, hard-chined. poly, yellow. Good condition. Front and rear hatches. Excellent for ocean or lake, day trips or week-end trips. Fun boat. \$600. Call Ed Rose 508-987-6165. Try it out.
- **Dagger Encore OC1** Excellent Whitewater boat. ABS, Red, vinyl gunnels, outfitted with Perception saddle, side flotation, kneepads, \$200 obo. Contact Gary, garywhitney3@cox.net, 401.539-0922.
- **Boreal Designs Nanook**, composite, dark red/ white, as is \$900. Of course you can try it out! Cat Radcliffe 508-369-3028 catherineradcliffe@earthlink.net
- **Kayak Air Bags** from Northwest River Supply. Fits 9.5 foot Perception or similar recreational kayak. Price reduced, now only \$25.00 Call 401.941.8061 and leave a message and phone number.
- NDK Greenlander Pro, 17'10"x21" white/white. Built in 2000, in very good condition. No skeg, no leaks. \$900 firm. Two spray skirts for \$100 and one Cricket greenland paddle for \$100. Contact clawlor@cpsed.net
- WANTED: Khatsalano by Feathercraft. Rusty Norton (203) 281-0066 / lovepotent@hotmail.com
- <u>Tahe Reval sea kayak</u>, 18' x 21", 50 lbs, Beautiful orange deck over white fiberglass in brand new condition. \$1,700. (retail \$2,900) Hull is similar to the Valley Nordkapp so this is a very fast kayak, designed for a paddler 180lbs and up. Contact: aikijerry@optonline.net
- **Kokatat Expedition Drysuit** Bought new in 2008. Mango, men's large very good shape. Has goretex hood and socks, relief zipper, 3 pockets, cordura reinforced seat and knees, overskirt to keep water from entering top of skirt. Asking \$650. Sells new for \$1,085. Gerry P 860 235-0430 gerry@SeaSherpakayak.com

Send your classified ads to RICKA Webmaster Alan August: 70 Scott Street, Pawtucket, RI 02860; 401-725-3344; webmaster@ricka.org. Include your name for membership verification. Please notify the webmaster when your gear is sold so that the ad can be removed. Acceptance, duration and formatting of your ad is at the webmaster's discretion.



