

PADDLER

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Newsletter of the Rhode Island Canoe/Kayak Association Vol. XXXI No.10 October 2008

October Meeting

Monday, October 20, 7 p.m.



Tamsin Venn

Atlantic Coastal Kayaker magazine

In nineteen years of publishing Atlantic Coastal Kayaker, Tamsin Venn has met many outstanding people. Her October 20th RICKA presentation will highlight the adventures of some who have appeared in the pages of this popular magazine over the years, including Dick Wheeler's trip to Newfoundland to trace the great auk's migration, Tom Bergh's voyage to Antarctica, Michel Morverand's paddle across the sea to France, Tom Mailhot's circumnavigation of Manhattan, Cheri Perry's trip to the Greenland National Championships and many others.

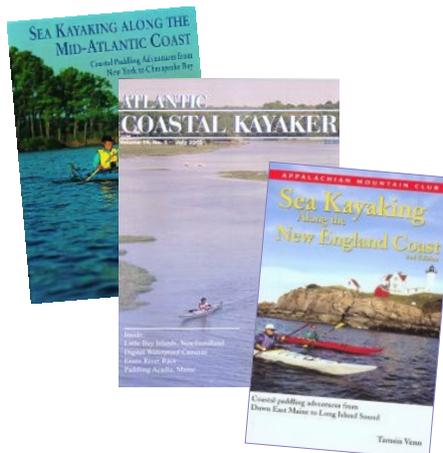
She will also share—and show—some of her favorite places to paddle with a stunning array of images in a slide show, and looks forward to hearing about some of our members' favorite paddling spots.

Atlantic Coastal Kayaker is published eight times a year, from Ipswich, Mass. Tamsin Venn is also the author of two books, *Sea*

Kayaking Along the New England Coast and *Sea Kayaking Along the MidAtlantic Coast*, published by the Appalachian Mountain Club.

Directions to the Jewish Community Ctr., 401 Elmgrove Ave., Providence:

From Rt. 95 Southbound take Exit 24 & turn left onto Branch Avenue. (From Rt. 95 Northbound take Exit 24 & turn right onto Branch Ave.) Go past Benny's, cross North Main Street at the lights and continue up the hill (past Kentucky Fried Chicken). Cross Hope St. and continue one block to the end at Morris Ave. Go left, then immediately right onto Sessions St. and go down the hill to Elmgrove Ave. The JCC will be across the street. Park in the lot or on the street.



2008 Intermediate Rough Water Symposium: "Community Building"

By Tim Motte

Over the Labor Day Weekend I had the privilege of attending this year's Rough Water Symposium based out of Camp Fuller in Point Judith, Rhode Island. I was fortunate to obtain one of several club deals being offered by Maine Island Kayak Company to foster local participation in the event. Besides providing venues for building rough water paddling skills in surf, among rocks and in tidal races, a major goal of the symposium is to provide community building in the sea paddling community. It should be noted that the intent is to provide an annual event; this is the second year the symposium has been held.

I arrived at Camp Fuller on Thursday afternoon to be greeted at the sign-in office by Paula, Ron and Jeff. Paula even managed to shield me from an irritated neighbor who was complaining about road dust generated by traffic passing over the gravel road – go figure. Next, I ran into Matt from Connecticut off-loading gear. Matt is a strong, rough water paddler who I had last seen as part of a tandem tow in huge swells off Bonnet Point.

After exchanging pleasantries we decided to get down to business and demo some boats at the camp's waterfront. The beach was filled with Sea Kayaking UK (formerly NDK), Valley and even a couple of Nick Shade's Guillemot sea kayaks. I spent the afternoon checking out Sea Kayaking UK's new "big boy", Romany XL. It was

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Symposium

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highly maneuverable, but had a little bit too much volume and width for even me.

My next step was to return home, only fifteen minutes away, to await the whirlwind arrival of Eric, blogger extraordinaire and owner of the mighty stick. Once Eric arrived we had only minutes to have dinner and return to the camp for the evening meeting.

A lot of people had now arrived, but plenty more were expected in the morning. On hand to meet us were RICKA regulars Peter, Rich and Gerry. I also ran into a newer paddling friend from Japan, currently based out of Manhattan, known to all as K.C. We had spent an enjoyable day together last fall paddling some big swells between the rocks at Sakonnet Point under the watchful eye of hard working, local coach, Greg Paquin, who was now running around picking up various U.K. coaches arriving at the airport. People were clearly excited for the event to come. A quick meeting was held with welcoming remarks from Tom Bergh and instructions for the day to come.

Eric and I arrived back at the Camp early the next morning to find trailers being loaded with boats for the day's various venues. We ran into Turner Wilson, looking distinctly gnome-like, who gave us a dry land practice move for a forward finishing roll. Due to a number of other obligations this would be Eric's only day at the symposium.

We were both signed up for Tidal 2, which would be staged out of Stonington, CT. The plan was to maximize play in the tidal races stretching between Fishers Island and Napatree Point. The paddle out was relaxing, which was a good thing considering the energy use to come.

Our assigned coach was Harry Whelan, who has circumnavigated Ireland and holds the record for circumnavigating Great

Rolling Clinic Tentatively Planned for January 2009

RICKA is planning to hold an indoor-pool kayak rolling clinic sometime in January 2009. We are currently ironing out some details to allow us rental access to the Cumberland High School swim pool. Traditionally the clinic is a two-week session, held for two hours on each of two consecutive Sunday mornings. If you are interested and want to reserve a (tentative) place, please contact Bill Luther at Prijon@juno.com. This is not yet a definite schedule. See further details in the November newsletter.

Britain in 80 days. He currently runs a kayaking center for underprivileged kids on the Thames River in London. Along with Harry, we were accompanied by Ciro, a local guide and 2007 winner of The Blackburn Challenge. Along the way we were joined by Carl, an acerbic but truly skillful kayak photographer.

We spent the day freeform paddling, working the shifting peaks of races at Wicopesset, Catumb Rock and Sugar Reef. It was a demanding and rewarding day. Lean forward, paddle and sweep out front with slight edge changes, utilize torso movement fore and aft, keep paddling and minimize stern rudders were the lessons of the day. We returned to the camp happy and exhausted.

Dinner and coffee were shared with some RICKA regulars, including Nick who, as usual, had been doing battle with Whale Rock, and two of our new friends from the day, Jim from Connecticut and Larry, a former Rhode Islander. The food was healthy and plentiful. The atmosphere was laidback and homey.

The screen at the front of the room flashed pictures from various venues of the day accompanied to music. Ron busily coordi-

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EXECUTIVE BOARD

Next Executive Board meeting: Wednesday, Nov. 5th @ 7pm

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Symposium

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nated the downloading of his photos and those of the other photographers on the fly from his laptop. I don't know if I was more excited at being surrounded by many of the top sea kayaking coaches in the world that I have watched over and over again on DVDs, or by seeing myself in action up on the screen. By the time Carole arrived to check out Greg Stamer's talk about his recent circumnavigation of Newfoundland, I couldn't keep my eyes open any longer and returned home to sleep.

I arrived back at Camp Fuller the next day to find people "chomping at the bit" to get on to the day's venues. I was feeling excited and slightly anxious to start Tidal 3. It had taken four Advil to deaden the pain from the previous day's efforts; usually I can get by with three. We were scheduled to paddle "The Race" on the other end of Fishers Island. I had never been out there, but had heard plenty of the horror stories, some of which were recounted in detail the night before by Carl. I pulled out of the camp following the boat trailer with K.C. and Cleveland, a new friend from Cleveland by way of Lithuania, riding "shotgun."

On our arrival at the Groton Long Point boat ramp, we met with our coaches Andy Stamp, a level 5 BCU coach, and Phil Clegg, the lead coach at Anglesey. In the "it's a small world category", it turns out that Andy had worked with my uncle years ago at what was Plymouth Polytechnic in the U.K. Our five mile commute out to "The Race" included sprint games and explanations of various aids to navigation.

While waiting for the race to form we took a break and added clothing to ward off passing rain showers. Once we were out in "The Race" it was difficult to think about removing this clothing, a problem with the ensuing muggy conditions. Andy had us hold our boats backwards and forwards into eddies behind rocks, paddle backwards and forwards to the front of the race, and work on eddy turns both backwards and forwards next to the lighthouse.

After working my way back up to the front of the race and then helping Josiah

to swap out paddles and working our way back up again, I found myself too exhausted to contemplate Andy's challenge to me of throwing away my paddle at the front of the race, putting together my spare while somehow remaining upright and then relocating my free floating paddle.

I was now overheated and sweating like mad, losing salts fast. The next exercise of paddling around the base of the lighthouse against the flow proved too much, my entire abdomen started to cramp. Once I made it back into the eddy on the backside of the lighthouse, Phil helped me out by fishing a bottle of Powerade out of my day hatch for me. Luckily, after a few minutes breather and the bottle of Powerade, the cramping subsided in time for the return paddle to Groton Long Point.

Once back at the put-in and changed into street clothes, paddlers congregated in the adjacent restaurant's bar for a beer. Sid from New York bought a round for everyone and then it was back to the camp for dinner.

The night's dinner was equal to the previous nights and included more healthy, homestyle food with lots of meat and veggies. By now we were all totally spoiled as we watched our pictures flash by up on the screen, superstars for a minute. The groups of friends at the tables continued to expand to multiple tables and some good conversations were to be had. Talk ranged from esoteric technical skills to big picture stuff involving the local paddling clubs and their possible interaction.

After a quick dram of malt with Nick over some photos of his Canada trip it was time to call it a night. Even the promise of a Nigel Dennis talk could not keep me from my bed.

The next day I went straight to four Advil, which seemed to work wonders. It was then back to the camp for the final day of the symposium.

The atmosphere was jovial and relaxed. Tom Bergh, known for "keeping it real," was "tweaking" a long-standing client who always bought used gear. Along with his wry grin, sideways glance and twinkling eyes, I heard "before I die, I'm going to sell you a new boat." It brought

tears to the eyes of more than a few of the bystanders.

I was scheduled for a 5-star tidal training day. The conditions were nowhere close, but it made no difference; our coaches for the day were Nigel Dennis and Fiona Whitehead, both level 5 sea coaches and serious expeditioners. Along with our trusty local guide Ciro, we had one of Tom's right hand guys, Jeff, joining us. The plan was to head out from Stonington again for the Wicopesset side of Fishers Island.

Along the way we worked on navigation skills. I managed to bring my group up to a buoy, on the course and to the minute I specified, while paddling next to Nigel Dennis—unreal! After a little rest stop on Fishers Island, we played, practiced tows and conducted rescues in the race. As we drifted back in the race and finished this part of the session, I spotted Nigel playing happily in the eddy created behind a red and white, safe water buoy. Everyone in the group ended up taking a turn at creeping up to the buoy and tapping it with the bow of their kayak. This was followed by another rest break where Sid let me try on his Romany S for size. It's a little bit smaller than the Romany XL I tried at the demo day. It seemed to fit me pretty well and may merit consideration as a play boat.

On our return run to Stonington, Nigel and Fiona had us practice more navigation and group coordination skills. We ended up paddling a countercurrent adjacent to Fishers Island and then setting a ferry glide angle for our return trip via a Fishers Sound light house. Once back in Stonington, we had a final debrief with Nigel and Fiona. It seemed a fitting way to finish the 2008 Intermediate Rough Water Symposium.

I take away many fond memories from the symposium. Many of them do relate to new and old friendships forged through paddling. I must admit that I was somewhat cynical to begin with about the goal of "community building;" however, it did seem to take place on many different levels throughout the symposium. Hopefully, there will be a strong turnout of RICKA paddlers for next year's event, with a continuing "cross-pollination" around sea kayaking between friends, paddlers, coaches and clubs.

SEA KAYAK TRIPS

Jamestown

Date: Saturday, October 11

Time: 10:00am

Level: 2-3

Coordinator: Rich Coupland
(rlcoupland@msn.com)

Trip description: We'll head north to the bridge and across, around Rose Island, and down to Castle Hill area for lunch. From there we'll cross back to Jamestown. If everyone's up to it we can do once around Mackerel Cove. Otherwise we can skip that and head back. 7-9 miles.

Put-in: Jamestown Beach

Directions: Follow Rt. 138 and exit into downtown Jamestown on the East side of the island. The beach is on your right as you enter Jamestown.

Gooseberry Neck

Date: Sunday, October 12

Time: 10:00am

Level: 3

Coordinator: Peter Hill (Peter.Hill@hp.com)

Put-In: Gooseberry Neck

Directions: Take Rt. 195 to Rt. 88 South. At the end of Rt 88, by the beach, turn right. Follow the road over the causeway and into the parking lot.

Wickford Harbor

Date: Monday, October 13

Time: 10:00am

Level: 2

Coordinator: Rick Brooks
(rbrooks104@aol.com)

Put In: Wilson Park Boat Launch

Directions: From Rt 4 (North or South), exit on Rt 102 east (Wickford). Proceed to stop light at junction of 102 and Rt 1. Turn left on Rt 1 north. Just beyond the Fire/Police Station, turn right onto Intrepid Dr. (small Wilson Park sign). Continue to the launch and the parking lot at the very end. It is labeled Long Pt on the map.

Tidal Race Training with Greg Paquin

Date: Saturday, October 18

Time: 8:00am

Level: 3-4

Description: This is full day of paddling in tidal races off of Wicopesset ("The Cans"). The focus will be learning about tidal races and how to surf them.

Coordinator: Greg Paquin
(coach@kayakwaveology.com)

Put-in: Stonington, CT

Directions: Take I-95 S toward New York. Take exit 91 toward CT-234/No. Main St. Turn left at Taugwonk Rd. Slight right at CT-234/Pequot Trail. Turn left at N Main St. Turn left at Trumbull Ave/US-1A. Turn right at Alpha Ave. Turn left at Water St. Turn right at Pearl St. The boat ramp is at the end of the road.

Padanaram Harbor

Date: Saturday, October 25

Time: 10:00am

Level: 2-3 to Round Hill, 3-4 to
The Dumplings

Coordinator: Cat Radcliffe
(catherineradcliffe@earthlink.net)

Trip description: Very scenic with plenty of opportunity for rock gardening & playing in open water conditions past Round Hill. Launch in lower Padanaram Harbor, paddle south along Smith Neck to Round Hill and The Dumplings, a group of small rocky islands just off Round Hill. Route is fairly sheltered along Smith Neck, conditions change dramatically south of Round Hill. Beautiful sheltered landing area on east side of Round Hill Point.

Directions: I-195 east to New Bedford. Rte 140 south (Exit 13-A). Pass 1st light (Route 6). Rte 140 becomes Brownell Ave. Pass Buttonwood Park on left. Left at 1st light onto Hawthorn St. Right at 1st light onto Rockdale Ave. for 1.2 miles. Right at 2nd light onto Dartmouth St. for 1.7 miles, to 5-way intersection. Left onto Middle St. 2nd right onto Bridge St. Cross bridge, 1st left onto Smith Neck Road. Launch area is on immediate left. Park on right side of road as a courtesy to other users.

Alternate directions: 195E to Exit 12 (Faunce Corner Rd) toward mall. Left on Route 6, first right onto Tucker Road. Go straight approx 3.5 miles (road joins Russells Mills Rd. for short distance), continue straight onto Bakerville Rd; left at Gulf Road. Put-in is immediately before bridge.

Charles River—Barking Crab

Date: Sunday, October 26, 2008

Time: 10:00am

Level: 2-3

Coordinator: Eric Johnson
(eric.johnso3@att.net)

Put-in: 1071 Soldier's Field Road, Allston/

Brighton, MA

Note: The lunch stop is at the Barking Crab restaurant in Boston; bring money along.

Directions: Take the MassPike Eastbound to exit 18 (Cambridge/Allston, a left exit). Take the right branch of the ramp (Cambridge/Somerville), then stay as far left as possible and turn left at the second set of lights onto Storrow Drive West (immediately before crossing the river — don't cross the river). After about 1.5 miles, bear left onto Soldier's Field Road, following the signs for Newton (do not cross the Eliot Bridge to Cambridge). Park in the first or second parking lot on the right, by the "boat rental" sign (no charge for parking).

RICKA does not assign ratings to paddlers. We assign difficulty levels to our trips. A trip's difficulty rating is a guide for judging if you have the skills to participate in a trip.

Every paddler that decides to participate in a group trip shares responsibility for the safety of the group as a whole.

Level 1: No previous kayak experience required.

Level 2: Participants should be able to:

Paddle 6 miles in a day.

Perform a wet exit.

Perform an assisted deep water rescue.

Maintain a heading for short distances without the use of a rudder.

Turn a kayak using forward and reverse sweep strokes.

Level 3: Participants should be able to:

Perform skills listed under Level 2.

Paddle 13 miles in a day.

Control a kayak in 15- to 20-knot winds.

Feel comfortable in 2-3 foot waves.
Handle SURF and BEACH LANDINGS.

Level 4: Participants should be able to:

Perform the skills listed under Level 3.

Paddle 15 miles in a day.

Control a kayak in 20 knot winds.

Handle large ocean swells.

Level 5: Participants should be able to:

Perform the skills listed under Level 4.

Paddle 20+ miles in a day.

Control a kayak in 25 knot winds.

Finding Nemo in Rhode Island— State Permits First Marine Ornamental Farm

From *Coastal Services*, the newsletter of the NOAA Coastal Services Center, September/October, 2008

Five years after clownfish gained popularity in the hit film, Nemo can now be found in Rhode Island. Clownfish are among the species being produced by the state's first marine ornamental farm that grew out of an aquaculture initiative led by Rhode Island Coastal Resource managers. According to media reports, demand for clownfish in the aquarium trade has risen sharply since the 2003 release of the popular animated film, *Finding Nemo*. Marine ornamental aquaculture species such as these tend to be much more lucrative than their food-fish cousins and their production facilities smaller, cleaner, and more contained, making them appealing to businesses and coastal managers alike.

"We were working with Roger Williams University to do research on aquaculture, and one of the questions they were looking at is where you get the greatest return in terms of dollars per pound of fish," says Grover Fugate, executive director of the Rhode Island Coastal Resources Management Council. "The obvious one that pops up is the ornamental fish market."

What also can come to mind when contemplating farming tropical fish and other ornamental species are problems associated with accidental or intentional release, turning a potential or former pet into an invasive environmental nightmare.

An expert panel doing a risk analysis of the issue in Florida recently concluded that "concerns over marine ornamentals expressed by the scientific community and amplified in public media communicate a degree of alarm that is not supported by evidence."

"Florida's been doing this a long time," says Craig Watson, director of the Tropical Aquaculture Laboratory at the University of Florida. "Concerns that are raised about [marine ornamental aquaculture] are because people don't know about it yet." Despite the relative safety, the potential for release and water quality

are issues that coastal managers need to look at when reviewing marine ornamental farming operations.

Growing Industry?

Tropical and ornamental fish for aquariums are one of the leading cash crops in the aquaculture industry, with a retail value approaching \$1 billion annually, according to the website for Marine Ornamentals '08, an international conference sponsored by Sea Grant and the Florida Tropical Fish Farms Association, among others. Watson cautions that these numbers are "generated by the industry itself," and that sales of marine ornamentals are "not shrinking, but they are not growing at the rate they were a few years ago." He also notes that marine ornamentals are not sold per pound but are sold individually, "so any analogy to food aquaculture only goes so far."

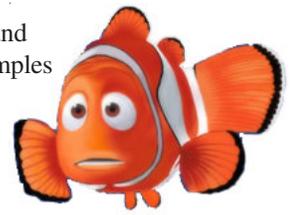
Location, Location, Location

It is Rhode Island's location between two major markets—New York and Boston—that makes it an ideal site for ornamental marine species aquaculture, says Brad Bourque, a partner in New England Marine Ornamentals, Inc., which received a permit from the Rhode Island Coastal Resources Management Council for the first ornamental marine fish farm in the state. "The market is very strong in the Northeast," he says. "We did a study to quantify what the market was, and there is an eagerness from the ornamental store industry and individual [aquarium enthusiasts], who really want a sustainable, farm source of animals. The economics look very promising." Bourque gives the example of a flounder that takes two years to reach market size and sells for about \$5 a pound compared to a clownfish that takes four to five months to produce and sells for \$8 a fish.

Finding the Source

Marine and estuarine aquarium species, or ornamentals, include fish, invertebrates, and plants that are either caught from the wild or raised in aquaculture operations. The one in Rhode Island is producing clownfish, lined seahorses, and

dottybacks. Coral and giant clams are examples of other successfully farmed species. While ornamental aquaculture is increasing, most aquarium species continue to be collected from the wild, primarily in shallow coral reef ecosystems.



"The way they harvest marine ornamentals in the wild is often very destructive," says David Alves, Rhode Island's aquaculture coordinator. Poisons, such as cyanide, or explosives might be used, which are "destructive to the local ecosystem where the fish are naturally found, as well as to the fish themselves."

Alves says that marine ornamental aquaculture typically is much better for the environment, and the fish tend to be healthier and have a higher survival rate.

Taking the Initiative

The Rhode Island Coastal Resources Management Council is the lead agency for permitting all aquaculture in the state, and New England Marine Ornamentals grew out of the Rhode Island Aquaculture Initiative, a three-year effort to advance the aquaculture industry. In 2002, the initiative received \$1.42 million from the National Oceanic and Atmospheric Administration for grants

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The Rhode Island Canoe/Kayak Association (Rhode Island Canoe Association, Inc.), although safety conscious, cannot guarantee your personal safety in club activities. You are responsible for the adequacy of your own skills, training and equipment when engaging in or attending RICKA activities. A PFD—worn as intended by the manufacturer—is a requirement for all RICKA trips.

Nemo

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funding, and the Coastal Resources Management Council, Rhode Island Sea Grant, Roger Williams University, and the University of Rhode Island worked together to manage the initiative.

An initiative grant was used to fund a Marine Ornamental Aquaculture Research Center at Roger Williams University. The niche looked so promising that Bourque, who is the marine laboratory manager at Roger Williams, another faculty member, and a third partner decided to pursue a commercial operation.

Weather Permitting

The new commercial facility is located about three miles inland in an old mill in Warren, Rhode Island. "It was a relatively easy permitting issue," Fugate says. "It is a totally closed system, and there is no danger of escape. Even if there were an escape, none of the species they are growing would survive the winter."

Bad Pet Owners

"That's one of the hot-button issues of aquaculture," Watson says. The introduction and establishment of nonindigenous marine ornamental species was such a concern in Florida that the state's Department of Agriculture and Consumer Services, the Florida Fish and Wildlife Conservation Commission, and the University of Florida cooperated to produce a pathway risk analysis for all commercially available exotic marine and estuarine animals in Florida's pet trade. The risk analysis concluded that the benefits of the industry outweigh the ecological risks.

"It started out as a high-priority concern," Watson says, "but it's been almost taken off the list because it was determined the issue was with the hobbyist, not with the industry. Unless we're ready to outlaw aquarium keeping, we need to look at educating the pet owner. We don't want people dumping dogs and cats, either."

Effluent Happens

In addition to the potential for release, water quality was a concern for Rhode

Island coastal managers. Fugate says effluent from the permitted farm goes into the town sewer and treatment system. The farm also uses artificial seawater, which helps ensure the facility is disease free. Watson notes that in Florida, effluent is also monitored for salinity and nutrient load, but "the discharge is very clean compared to food-fish aquaculture."

"The difference," he says, "is that ornamentals are usually much smaller operations. It takes hundreds of thousands of pounds of fish for a food-fish business to make money. A hundred thousand clownfish don't weigh very much," and much less effluent is produced.

Management Potential

While Watson doesn't believe that marine ornamental aquaculture in any other state will ever come close to rivaling Florida as the industry leader, he does note that one of the largest coral farms in the U.S. is in Detroit. If coastal managers do find themselves reviewing plans for a marine ornamental facility, Alves says, the "biggest thing is to look at the proposal and not just say, 'It's aquaculture. We're going to have a problem.'"

Alves adds, "You need to look at it with an unbiased eye. There are a few things to look at, but basically this is good."

For more information on aquaculture in Rhode Island, you may contact Grover Fugate at (401) 783-7112, or gfugate@crmc.ri.gov, David Alves at (401) 783-3370, or DAlves@crmc.ri.gov, or Brad Bourque at (401) 254-3737, or bbourque@rwu.edu.

Additional Information

The Rhode Island Aquaculture Initiative, www.crmc.state.ri.us/riai/

The Florida "Pathway Risk Analysis for Exotic Ornamental Marine and Estuarine Species,"

www.floridaaquaculture.com/publications/

[Ornamental Marine Species Pathway Risk Analysis 01553.pdf](#)

Marine Ornamentals '08, www.hawaii-aquaculture.org/docs/MO08%20bro%20July%2020.pdf

SPECIAL SAVINGS FOR RICKA MEMBERS

The Kayak Centre:

Glass boats 7% off normal retail; plastic boats 12% off normal retail; accessories with boat purchase 15% off, 10% off all other times for RICKA members.

- Brown and Phillips Streets, Wickford
- 1-888-SEA-KAYAK
- www.kayakcentre.com

Canoe Passage Outfitters:

Glass and Kevlar boats, 10% off retail; polyethylene boats 15% off retail; accessories, trips and instructions, 10% off regular prices.

- 120 Ingell Street, Taunton, MA 02780 (800) 689-7884
- 277 Water Street, Warren, RI (401)245-9025
- www.canoepassage.com

Ocean State Adventures:

10% discount for RICKA members.

- 99 Poppasquash Road, Bristol
- 401-254-4000
- www.kayakri.com

Osprey Sea Kayak Adventures:

10% off accessories.

- 489 Old County Rd, Westport, MA
- (508) 636-0300
- www.ospreyseakayak.com

Northwind Sports:

· 10% RICKA discount.

- 267 Thames St., Bristol
- 401-254-4295

· www.northwindsports.com

Quaker Lane Outfitters:

All canoes & kayaks 10% off; accessories 20% off.

- 4019 Quaker Lane, North Kingstown
- 1-800-249-5400

WaveLength Magazine

Offers a \$10 introductory "Club Sub" for new subscribers (the regular price is \$15). Send a check with your name and mailing address along with a note saying you're a RICKA member to: WaveLength Magazine, 2735 North Rd., Gabriola, BC, Canada, V0R 1X7. www.WaveLengthMagazine.com

SHOW YOUR RICKA MEMBERSHIP CARD TO OBTAIN YOUR DISCOUNTS

FLATWATER TRIPS

Late cancellations & changes to trips will be posted on the Flatwater Message Board. Unless otherwise noted, trips are suitable for all levels and boat sizes.

Saturday October 18th Quinebaug River Canoe Trail: Holland to East Brimfield, MA Meet at 10:30 am.

Leaders: Mike Bouley
dcumtb@yahoo.com and **Louise Price**
weezrad@yahoo.com 508-529-3402

In this area, the Quinebaug River winds through marshland filled with wildlife. Bring a lunch.. **Directions:** From points South & East- From the intersection of Rt 20 & Rt 84, Take Rt 20 West. to Sturbridge. Go past Rt 131 on your left, Past Old Sturbridge Village. At the intersection of Rt 148 go 7/10ths of a mile further on Rt 20. Just past Streeter Point Recreation Area on your left (Riverview Ave), boat ramp is on your right (Old Streeter Rd). If you go past the lake you've gone too far.

October 25th Saturday- Leaf Peeping Paddle at Roger Williams Park. Meet at 10:30

Leader: Mark Roberts
MRoberts@CIA.com 401-533-1883

Enjoy the changing leaves from this unique location. Bring a lunch. At this time of year, a wetsuit or drysuit is recommended. **At the very minimum, a change of clothes in a waterproof bag is required. Directions to the put-in:** From 95 South take exit 17- From 95 North take exit 16. Both exits lead to Elmwood Avenue. Drive south on Elmwood until you come to the traffic light at Elmwood and Park Avenue. Turn left onto Park Avenue and drive past the RT. 10 on/off ramps. Stay on Park Avenue until you come to the traffic light at the Park School. The school is on the right and the entrance to the Roger Williams Park is on the left. Enter the park and bear left—the launch site and parking will be on the right side of the road at the lake.

October 26th Sunday- Halloween Paddle on Norton Reservoir, Norton MA. Meet at 12:30 for a 1:00 launch.

Leader: Cheryl Thompson Cameron 401-647-5887 or stonefoxfarm@juno.com.

Feel free to wear a costume or a funny hat that is safe to paddle in. RICKA and BVPC leader Lee Parham will host a get-together at his home (which is the site of our put-in) after the paddle. Bring your own beverage and a favorite snack to share if you like. Norton Reservoir is a 580 acre body of water. The perimeter of the reservoir is four miles long with four islands that can be visited.

Dress for cold water conditions. A change of clothes in a waterproof bag is required.

Directions: Take 95 north to 495 south to exit 11 (same exit as the Com Cast Center). As soon as you get off of the ramp get in the left lane, immediately you will see Reservoir Street on the left. Take that left and go 7/10ths of a mile. Take a right onto South Lakeview Road. Take your first left onto Hawthorne Road. From Hawthorne, take your first right onto Island Road. **Lee Parham's home is 47 Island Road, Norton MA. Please call Lee's home number at 508-286-5999 if you get lost.**

November 1st Saturday: Turkey Paddle and dinner at a local restaurant. Wallum Lake Douglas, MA

Leader: Louise Price
weezrad@yahoo.com 508-529-3402.

You can come for the paddle, the dinner or both. **If you are coming for the dinner, please RSVP to Louise by October 29th so she can arrange the reservation.**

Turkey paddle: Dress for cold water conditions. At this time of year, a wetsuit or drysuit is recommended. **At the very minimum, a change of clothes in a waterproof bag is required.** Douglas State Park, Douglas, Ma., Wallum Lake is located on the border of RI and Ma., has crystal clear water, and an easy paddle. Any size boat is OK

Directions: 146 north exit for Rt 16 to Douglas/Uxbridge. Follow Rt 16 W thru the town of Douglas. You will come to an intersection for Rt 16 & 96. GO STRAIGHT. (You will see a sign for Douglas State Park/Wallum Lake) This is S. Main St. Follow until you see a sign for Douglas State Park, take this left. Just down the road take a right at park entrance. Follow road bearing left down the hill to the put-in.

Warming water disastrous for New England lobsters

*by Rich Eldred, The Cape Codder
Sept. 29*

Lobsters in New England are succumbing en masse to a mysterious shell disease because warm waters are wearing down their natural defenses, researchers say.

Epizootic shell disease appeared in the Long Island Sound in the 1990s, devastating populations there, but now signs of the epidemic are popping up farther north.

Summers with many hot days produced an increase in infections the following year, according to a paper published in the Journal of Crustacean Biology in 2006 by Robert Glenn and Tracy Pugh of the Massachusetts Division of Marine Fisheries.

The disease may be exacerbated by the presence of decomposing plastics in the water, which can harm lobsters.

Have fun...

...and don't forget to wear your PFD! (It's a requirement for all RICKA trips)

PLEASE NOTE:

RICKA trip coordinators are volunteers. Their only responsibility is to know the put-in and the trip route. They are not responsible for evaluating your skill level or ensuring your safety, comfort or satisfaction with the trip. Educate yourself about the area in which you will be paddling, and carry appropriate gear, clothing, water, food, etc. Check the weather forecast and the message boards before launching. **THE DECISION TO LAUNCH YOUR BOAT IS YOURS ALONE.**

Classifieds

You must be a RICKA member to have an ad posted. For more classifieds, go to www.ricka.org. If an item sells or if you change your mind about selling it, please notify the Webmaster as soon as possible. Thank you.

Hull-A-Port kayak rack, used once, new 7/08, \$85Pat 401-480-3508 (10/4)

P&H Capella RM166 Lava red poly sea kayak with a skeg, 3 bulkheads, and a day hatch. Length 16' 7", Beam 22" Weight 54 lbs. Good condition, great overall performance and a fine boat for the Bay! Cost-\$750 Contact Joe Sherlock 603-325-0046 email

sherlock244@gmail.com (9/28)

2008 Emotion Mojo Angler sit on top fishing kayak with high back seat. Quiet and sleek 12'6" x 31" - 52lbs. Has paddle ledge with keepers, adjustable/removable console, drink holder, GPS mount, rod holders, and dry storage box. Used only 4 times, stored in garage. Was \$863 asking \$600 or best reasonable offer.

Call Dick at 401-762-2134 or email deedickc@netscape.com (9/27)

2008 Impex "Force 5"- 18ft. New April 08 & used very little. Traffic yellow over white, with red trim stripe. Three compartments with Valley hatch covers, reputed to be the best in the business. Included is a new Brunton 70P, built-in marine compass, a nylon spray skirt and an adjustable carbon wing paddle. This kayak has flush deck fittings and reflective lines. Chronic shoulder pain is the reason I'm selling. I paid \$3,254.00 with tax and compass. Call Ed at (508) 695-3470 Asking \$2,395 firm Email ebeaubeau@verizon.net (9/27)

Garage-clearing sale! 2 Gerber River Shorty Knives (as new) \$10 each OBO. 2 Kokatat GoreTex Deluxe Sea Skirt (almost new used approx 5 times) the two I have are identical to this except no pooling reinforcement. Mango, \$65 ea OBO. Yakima Mako Saddles and Hully Rollers (fits one Kayak). Will include Yakima Bow/Stern tie downs. Used for approx three years in great condition \$70 OBO, could add Yakima Subaru Forrester Mighty Mounts for another \$15. NSI thigh padz new in packet \$8.

nicholas.fairweather@skye-tek.com (9/16)

Wilderness Systems Tempest Pro 170, (www.wildernesssystems.com) Fiber-glass Yellow over white hull, little usage,

stored indoors, 3 phase seat, 56 lbs, skeg, MSRP \$3000. asking \$1850. David in Warwick 401-737-5825 (8/26)

Necky Arluk IV Sea Kayak, yellow deck / white hull, large front and rear hatches, 24" wide 16' long, with Rudder, Fiber-glass, in good condition, stored inside. \$1200 obo. Must sell. Willing to include spray skirt, paddle, paddle leash.

Contact: jimcole@hotmail.com (8/23)

Necky Looksha Sport Kayak; includes ExtraSport life jacket, spray skirt and Werner Comano paddle. Excellent Condition. Asking \$750. Call Bob at 401 295 1019, email: gizzycat@cox.net (8/21)

Dagger Honcho in excellent condition. Blue/gray/white. Surf/whitewater. Asking \$375. Call AI at 401-624-4251 or email me at alccri@hotmail.com (8/16)

Pygmy Coho wood (Mahogany) kayak. Kit boat. Excellent condition, about 9 years old. Fast, good handling sea kayak. Many extras. \$1,200 or BO. Located in Cumberland. Call Neal 401 333-4091 or nealpiggett@cox.net (8/11)

Walden Spirit, 2 person kayak, 2 years old, nice alice1397@msn.com (7/25)

Van Dusen, 21' kevlar surf ski, excellent first ski, 23 lbs, very fast yet stable, \$800.

Call 401-423-2208 or email Robert.Wright@nksd.net (7/21)

Swift Kipawa canoe, Expedition Kevlar, 16'6", 52lbs., Forest Green gelcoat, cherry (and some ash?) gunwales & seat frames, Clark cherry yoke, comfortable angled/wide/curved nylon web seats, floatation tanks, asymmetrical hull - plenty of glide, sliding bow seat. E/C except plenty of external gel coat scratches - mostly below waterline. \$975. OBO. Bruce Ballantyne 401-333-5818. Cumberland, RI. (7/16)

Night Heron stitch and glue, 18x20. High performance kayak, hard chine Greenland style. Immaculate. Hardly used. Built in foot pump. Two water tight hatches/ bulkheads -rear is VCP rubber hatch for larger items storage. \$1,700. Jerry Borenstein 914 793 0431. aikijerry@optonline.net (7/1)

Boreal Design Pakesso 14' 6" Fiber-glass - with rudder. Compact and lightweight; reverse hard chine and semi-arched hull. Standard equipment includes a comfort seat, recessed hatches with quick release, thigh braces, recessed fittings & deck line. <http://www.borealdesign.com/en/kayak.php?id=1> LIGHTLY USED, STORED INDOORS \$1,500

n3303j@erols.com (508)868-3471 (Cell) Ron Cichowski (6/19)

Old Town Nantucket 16' Yellow touring kayak w/rudder. Big cockpit (I go 245lbs) very stable boat. 2 waterproof storage compartments, Includes Werner Graphite Paddle, Spray skirt, Pump, Paddle float for reboarding, adjustable seat, deck mount day bag. Photo's available. \$925.00 Southern RI Call Dave 772-678-9113. or email riwavedanc@aol.com (6/1)

Perception Pirouette ww kayak incl. Harmony 204 cm/90/RH paddle and LC-1 spray skirt. Very good condition; always stored in the garage; \$350. Call Jim at 401 294-3257 or e-mail at tinkhamaj@netzero.net. (6/1)

NDK Greenlander Pro, white over white, garage kept, very good condition, only used a couple of times in the winter, I use my surf ski in the summer. Pick up only, \$1500. contact Chris at clawlor@cpsed.net. (5/15)

Mad River Lamoille 18' Excellent canoe for tripping and family camping. Kevlar construction is lightweight and durable. \$900.00 See reviews <http://www.paddling.net/Reviews/showReviews.html?prod=376> contact henry@twincitysupply.com (4/27)

Valley Nordkapp, 2 1/2 years old Ultra carbon/kevlar layup, custom front bulkhead (more storage space), custom skeg slide placement, custom color (midnight blue over white with grey trim), manufacture installed keel stip, deck mounted compass. New \$4400, asking \$2800. Pictures available. Email kkaykk@aol.com, or call Ken at 401-486-0264 (4/19)

Old Town Tripper canoe 1991 royalex 17' 5" length excellent condition stored in the basement at least the past 10 years. \$800 OBO. Call Ken @ 401-766-5346 or e-mail KLP02876@yahoo.com (4/2)

Classifieds are free for RICKA members.

Send your classified ads to RICKA Webmaster Alan August: 70 Scott Street, Pawtucket, RI 02860; 401-725-3344; webmaster@ricka.org. Include your name for membership verification. Acceptance, duration and formatting of your ad is at the webmaster's discretion. Ads in newsletter may be edited for length.