

## September Meeting

Monday, September 17th at 7p.m. at the JCC

# Ed Lefkowitz: Building a Wooden Kayak

Ed Lefkowitz grew up in Southeastern Massachusetts, near, on, in and—from time to time—under the water. He led canoe trips as a Boy Scout camp counselor, and has rowed, canoed and sailed much of his life.

He once took a wooden boatbuilding course at Mystic Seaport with the late John Gardner, and has restored and maintained a couple of wooden boats, at least one of which he says should have been left to die a natural death. The boatbuilding course is where this story begins.

*Photo by Ed Lefkowitz*



In answering a friend’s question, “Do you know anything about building kayaks?” he followed up his hasty initial “No” with “but I know a little about building wooden boats.”

One thing led to another, and he and a friend built two Chesapeake Light Craft Cape Charles 17s (now, in slightly modified form, available as Chesapeake 17s.) The results included (among other things, and in no particular order) two terrific kayaks, a boost in self-esteem and empowerment, and a renewed sense of the importance of friends and perseverance.

Ed will show you how they did it and the pitfalls to avoid, and will encourage you to ignore the advice of your family, friends, spouse or significant other and go right ahead and build one yourself.

Ed is a professional photographer, and lives in Kingston Rhode Island, near enough to the ocean, which he visits frequently, with his wife Cynthia.

**Directions to the Jewish Community Ctr., 401 Elm-grove Ave., Providence:** From Rt. 95 South take Exit 24 & turn left onto Branch Avenue. (From Rt. 95 North take Exit 24 & turn right onto Branch Ave.) Go past Benny’s. Cross North Main Street and continue up the hill (past Kentucky Fried Chicken). At the top of the hill cross Hope St. and continue one block to the end at Morris Ave. Go left, then immediately right onto Sessions St. Go down the hill to Elmgrove Ave. The JCC will be across the street.



**SATURDAY  
SEPT 8  
2007**

# Fredericksburg makes an offer the ACA can't refuse

8/22/2007

The American Canoe Association, which for years has been landlocked in Northern Virginia, will relocate along the Rappahannock River in Fredericksburg, VA next spring.

The 50,000-member nonprofit association told city officials that it had chosen Fredericksburg over two other finalists—Lake Luzerne, N.Y., and Eden, N.C.

“It’s a great day. We’re very excited about them coming,” said Kevin Gullette, Fredericksburg’s director of business development. The association’s presence is expected to be a boon for tourism.

“The next step will be to pull everyone together to sit down” and go over the details, he said.

The area has much appeal for the nation’s largest canoeing

organization, which publishes “Paddler Magazine.”

Miles of the Rappahannock and Rapidan River shoreline upstream of the city are protected from development in a conservation easement completed last year.

And, with the removal of the Embrey Dam in 2004, the Rappahannock is the longest free-flowing river in the state. Along with the location and scenery, Fredericksburg and its partners offered an incentive and tax-savings package worth an estimated \$2.3 million.

The city and the Fredericksburg Regional Alliance have been working on the deal for several months. The 21-member ACA board toured the city one weekend in July. “We’re very eager to get started and to continue working with the Fredericksburg community,” Pamela Dillon, the ACA executive director, said.

The association began looking for a new home earlier this year because the lease on its current space in Springfield expires in April.

## A kayak field repair kit

*Helpful advice from....somewhere on the internet*

A kayak field repair kit is an invaluable tool that might just save a trip or a life.

Wrap a wide-mouth Nalgene bottle with duct tape. Add applicable replacement hardware such as self tapping crews, bolts, locknuts, cable swags, extra skeg or rudder cable, rudder track bolts (with plastic washers) and a quality multi-tool which includes a knife and correct driver bits.

For more ambitious field repairs, a tube of two-part epoxy, a tube of Aquaseal, a tire patch kit and sand paper will come in handy. A lighter or waterproof matches, fishing line and garbage bag may also be good additions

## WHITEWATER TRIP

**Sept. 22 - West River, VT - contact Erik Eckilson [eckilson@cox.net](mailto:eckilson@cox.net) 401-765-1741**

*The Rhode Island Canoe/Kayak Association (Rhode Island Canoe Association, Inc.), although safety conscious, cannot guarantee your personal safety in club activities. You are responsible for the adequacy of your own skills, training and equipment when engaging in or attending RICKA activities. A PFD—worn as intended by the manufacturer—is a requirement for all RICKA trips.*

## EXECUTIVE BOARD

Next meeting date: Wednesday, October 3rd @ 7pm

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# RICKA Whitewater School Report— August 18th and 19th

Erik Eckilson

Bill Luther and I arrived for the RICKA Whitewater School at the Zoar Picnic Area on the Deerfield River around 8:00 AM. It was cold and windy – typical whitewater paddling weather.

I was glad to see a good turnout for this class II kayak school. We had six students of various skill levels—three with some whitewater experience, two whitewater beginners and me. I'm a canoeist who decided to try whitewater kayaking for the first time. How hard can it be?

We had two excellent paddlers to teach the class - Mike Rock (an ACA certified whitewater instructor) and Bill Luther (former RICKA Education and Safety Chair).

Mike started with logistics. This was a whitewater class, but we would spend a day-and-a-half on flatwater working on the basics. Only then would we get out on the river.

*Below: Jake Bromberg on the Deerfield*



Next came safety and a review of the American Whitewater River Safety Code. What is the best rescue? A self-rescue.

Next came the equipment check—whitewater kayak, sprayskirt, paddle, helmet, cold water paddling gear, rescue equipment. It took a while to get everyone geared up, but by 10:30, we were ready to get on the water.

It wouldn't be a whitewater class if you didn't get wet. Before paddling, everyone had to demonstrate a wet exit. We queued up at the boat ramp behind a class from Zoar Outdoor. Kiss the deck, pull the skirt, and push yourself out of the boat. I went first—no problem. Before long everyone was wet, and happy to be out on the lake to begin paddling.

We spent the rest of the day working on the basics, breaking it up with games. Forward stroke, backstroke, sweep stroke, reverse sweep, spins, high brace, low brace. Hey – this isn't as easy as it looks. By 4:00 we were tired and ready for a break. We headed down to

*photo by Erik Eckilson* Zoar Gap to talk about river features and watch other paddlers run the rapids.

We were back on the lake early the next morning. The sun was warm and the wind had died down. It was a beautiful day.

As we went through the drills again, the improvement was amazing. Everyone, regardless of skill level, was paddling better. We talked about river maneuvers (ferries, eddy turns and peel outs) and good old uncle SAL (speed, angle, lean). Enough of the basics—we were all anxious to get on the river.

It was a late release, so we didn't get on the river till around 2:00. Mike and Bill started with a throw rope demonstration. Then, one by one, everyone did a seal launch down the short drop into the river.

We started with ferries across the river in easy current. All that work on the lake definitely paid off. Everyone looked comfortable and could handle the basic maneuvers.

We worked our way downstream practicing in progressively more difficult rapids as we went. Around 4:00, we eddied out at a short Class II rapid with strong current and two foot waves—one of the more difficult rapids on this section of the river. We queued up as each member of the group took their turn ferrying across the fast moving water. With a little encouragement from Mike and Bill, we all made it across. Success!

We moved downstream with a new sense of confidence, playing in the rapids as we went. By 6:00 we reached the take out—tired, but ready for more. Unfortunately, the release was ending and the water level was dropping fast. It was time to call it a day.

After a quick wrap-up, and many thanks to Mike and Bill, we headed home to plan our next trip.



# San Diego kayaker safe after sinking of see-through boat

By Terry Rodgers  
San Diego Union Tribune  
August 10, 2007

SAN DIEGO – First he sank. Then he swam.

Clyde Bolter said calm resolve and positive thinking helped him survive an all-night swim in the ocean after his kayak sank Wednesday several miles off the coast of San Diego.

Bolter, a former Navy seaman, said he remembered his survival training in the military. He knew he had to stay relaxed and focused to weather the crisis.

“I cleared my mind,” he said during a news conference Friday at the Mission Beach lifeguard station. “I wasn’t thinking about sharks; I was at peace.”

Bolter looked remarkably well for someone who was suffering from hypothermia and exposure a day before. Doctors who treated him said his core temperature had dropped to 91 degrees Fahrenheit during the 10 hours he spent in the ocean. The normal body temperature is 98.6 degrees.

Bolter was humble and apologetic yesterday.

“I feel ashamed,” he said. “I made a mistake.”

He admitted using poor judgment in paddling out alone and not bringing a life jacket or flares, something he normally does.

Bolter’s harrowing adventure began around mid-morning Wednesday, when he launched his 12-foot, sit-on-top kayak into the surf at Marine Street

beach in La Jolla. He took the craft far out to sea to commune with nature and watch sea birds.

Several hours into his trip, the kayak suddenly began taking on water. Bolter recently bought the vintage 1971 craft and hadn’t taken it out to sea until Wednesday.

The kayak was outfitted with a plexiglas plate on the bottom that allows the paddler to look into the water. Bolter suspects that a sealant recently placed around the see-through plate came apart, allowing water to flood the air compartment.

He tried to flip the kayak over in an attempt to fill it with air. But the craft continued to founder, floating a few inches below the surface.

***Bolter suspects that a sealant recently placed around the see-through plate came apart.***

With darkness approaching, Bolter decided that his best chance for survival was to swim back to shore.

“I said a prayer,” he said. “I made my peace with my grandmother and my girlfriend.”

The prayer went something like this:

“I’m sorry for any bad thing I’ve ever done on Earth, and now I’m going to fight for my life.”

Bolter swam and swam and swam. All night.

“After a while, time goes away,” he said.

He alternated between the backstroke and freestyle to prevent muscle fatigue and reduce cramping.

At one point, a private fishing boat came within a few yards of him. He screamed for help, but the boaters didn’t hear him.

“I was so close I could see them drinking beer and wine,” Bolter recalled.

Around 5 a.m., he reached the rocky shoreline at Point Loma and an officer at the Point Loma Navy Base heard his cries for help.

Navy officials didn’t know about Bolter’s ordeal, so they initially refused his request to come ashore at the beach, which is located in a restricted area.

Unable to swim much farther, Bolter implored them again to call for help. Shortly afterward, San Diego life-guards came in a boat and were able to pluck him from a rock just offshore.

The 29-year-old Bolter, a senior studying biochemistry at UC San Diego, credited his swimming coach with giving him the skills to stay alive. Until a year and a half ago, Bolter said, he didn’t know how to swim.

Moments after Bolter wrapped up his news conference, he learned that a boater had found the kayak and brought it to shore.

## Great white rips into fisherman’s kayak Angler tossed into ocean but stays cool, gets back to shore

by Marisa Lagos, San Francisco Chronicle  
Tuesday, July 24, 2007

A lucky fisherman had a weekend brush with a great white shark off the San Mateo County coast, but escaped unscathed — something that can’t be said for his red kayak.

The attack on the bow of the small boat reportedly threw the victim into the water. The man, identified only as “Dan,” jumped back on and was able to get back to shore before his boat took on too much water, several witnesses said. Photos of the boat show several bite marks near the bow of the kayak.

About 18 kayakers launched off Bean Hollow State Beach around 7 a.m. and split into two groups. The victim

*Continued on next page*

# SHARK

*Continued from previous page*

paddled north to a spot about a mile off shore, where he began fishing for rockfish with a handful of other kayakers.

“Everyone had been fishing for a while,” said John Dale of Foster City, a member of the kayak fishermen’s club. “Basically he was fishing and was adjusting a lure, and all of a sudden he was thrown from his kayak into the water. When he came up, he thought he had been hit by a boat, but when he looked the shark was still on the front of his kayak, latched on, gnawing on the kayak. He thought about it for a second and decided he better get back onto the kayak, even though it was still on the nose.”

Great white sharks “have been seen in this area, there have been incidences,” said Bean Hollow State Park Ranger David Augustine. “It’s nothing extraordinary.”

Dale said the shark released Dan’s boat soon after he climbed back in, but that he fell out twice more because his seat had become unpegged from the boat.

“I was in the general area and I was padding in and I looked to the left and saw him — he was moving super fast. I said ‘Hey, how’d you do?’ and he said, ‘I got a couple fish and a shark,’ then pointed to the bow,” said Dale. “I was like ‘holy s — !’ Then he came over and I got up next to him and helped him get the pegs back in.”

A novice kayaker had helped pull the victim’s boat in to where Dale helped

him refasten the seat, Dale said. Then Dan raced toward shore, he added.

“At that point Dan didn’t know what kind of holes were on the kayak,” Dale said. “He was taking on water because there were punctures on the bottom, so it’s good he came in real quick.”

California Department of Fish and Game marine biologist Carrie Wilson said that shiny lures or bait, as well as an abundance of fish in the area, could have attracted a shark.

Kayaker Doug Mar, who took photos of Dan’s boat, said no one at the club has been able to get hold of Dan since he left the beach Saturday morning.

“Either he’s having post-traumatic stress or his wife has taken away all his fishing stuff,” he said.

## Couple Unhurt in Kayak-Barge Collision in Missouri

WIBW-TV, Topeka Kansas

HERMANN, Mo. (AP) Authorities say a couple racing in the Missouri 340 was not injured after their kayak collided with two barges being pushed side-by-side by a tugboat in the Missouri River.

The Missouri State Water Patrol said the 24-foot kayak and the barge rounded a bend in Gasconade County at about 2 a.m.

They couldn’t get out of the barge’s way in time and the tug was unable to stop and ran over the kayak, tossing the two occupants into the water.

The man and woman were able to crawl out from under the barge and were not injured.

Race officials said 70-year-old Wayne Kocher and 66-year-old Ann Grove, of Benicia, California, were running eighth.

## SPECIAL SAVINGS FOR RICKA MEMBERS

### Osprey Sea Kayak Adventures:

- 10% off accessories.
- 489 Old County Rd, Westport, MA
- (508) 636-0300
- www.ospreyseakayak.com

### Northwind Sports:

- 10% RICKA discount.
- 267 Thames St., Bristol
- 254-4295
- www.northwindsports.com

### Quaker Lane Outfitters:

- All canoes & kayaks 10% off; accessories 20% off.
- 4019 Quaker Lane, North Kingstown
- 1-800-249-5400

### Salt Pond Watersports

- 10% off all canoes & kayaks, 20% off accessories. Located at Rampoint Marina.
- 2 William Schmid Dr, S. Kingstown
- (401)-782-2866

### WaveLength Magazine

- Offers a \$10 introductory “Club Sub” for new subscribers (the regular price is \$15). Send a check with your name and mailing address along with a note saying you’re a RICKA member to: WaveLength Magazine, 2735 North Rd., Gabriola, BC, Canada, V0R 1X7.
- www.WaveLengthMagazine.com

### Ocean State Adventures:

- 10% discount for RICKA members.
- 99 Poppasquash Road, Bristol
- 401-254-4000
- www.kayakri.com

### The Kayak Centre:

- Glass boats 7% off normal retail; plastic boats 12% off normal retail; accessories with boat purchase 15% off, 10% off all other times for RICKA members.
- Brown and Phillips Streets, Wickford
- 1-888-SEA-KAYAK
- www.kayakcentre.com

### Canoe Passage Outfitters:

- Glass and Kevlar boats, 10% off retail; polyethylene boats 15% off retail; accessories, trips and instructions, 10% off regular prices.
- 120 Ingell Street, Taunton, MA 02780 (800) 689-7884
- 277 Water Street, Warren, RI (401)245-9025
- www.canoepassage.com

### Wildwood Outfitters

- 10% discount on kayaks and accessories.
- 271 Main Street, Wakefield
- 401-789-1244
- www.wildwoodoutfittersri.com

**SHOW YOUR RICKA MEMBERSHIP CARD TO OBTAIN DISCOUNTS**

## SEA KAYAK TRIPS

Trips are up to date as of 9/1; check the message board regularly for updates.

### **Sunday Sept 9, 10:00AM STATE PIER 5, NARRAGANSETT Level 3-4**

Contact Tim Motte, 401-783-287,  
[ttamotte@cox.net](mailto:ttamotte@cox.net)

Directions: State Pier #5 (Tucker's Dock): Directions from Rt 95 north or south, get on Rt 4 south, which merges into Rt 1 south. Take the Rt 108 exit towards Point Judith-Scarborough. (On Rt 108 south (big Stop & Shop mall on right) go south about ¼ mile and turn left onto Woodruff Ave., which turns into S. Pier Rd. Toward the end make a little right/left jog to stay on S. Pier Rd. and continue across Ocean Road onto the Pier (next to Monahans's Realty).

### **WEDNESDAY, Sept. 12, 4:30PM SEA KAYAK TECHNIQUE & RESCUE PRACTICE URI BAY CAMPUS, NARRAGANSETT (ALL LEVELS)**

Contact is Tim Motte, 401-783-6287,  
[ttamotte@cox.net](mailto:ttamotte@cox.net)

Directions from Rt 1 (north or south); from Tower hill go down Bridgetown Rd, (east), across the river and up to the light at Rt 1A. Cross the road onto South Ferry Rd. Watch for signs for the URI Bay Campus and NOAA.. Launch from the beach at the very end of South Ferry Rd. If no parking spaces, park your vehicle in the campus lot just above the beach.

### **SUNDAY, SEPT 16, 9:00AM HEAD'S BEACH, JAMESTOWN Level 3**

Contacts are Tony & Aline Moore, 401-560-0168, [tsunamikayak@juno.com](mailto:tsunamikayak@juno.com)  
DIRECTIONS: From Rt 138 from West, exit just off the Jamestown Bridge at Helm St., take a right at the stop sign at the top of the exit, then take another immediate right. Proceed down to the END of the street, and take another right onto Seaside Drive. Continue north under the bridge and about a mile to the beach. From East, proceeding westward on Rt 138, take the Beacon St. exit. Proceed straight until you get to Frigate St., and take a left, head West to the shore and turn North to the Beach. The park is a large grassy area with a dirt road at the North end that leads to the launch beach.

### **SUNDAY, SEPT 23, RSVP ISLE OF SHOALS, NEW HAMPSHIRE LEVEL 5**

Contacts: Joe Sherlock, 401-743-3012, [sherlock244@aol.com](mailto:sherlock244@aol.com), Jon Scharlin, 401-521-5222, [ojphoto1@cox.net](mailto:ojphoto1@cox.net)  
Carleen McOsker, 508-636-0546, [carleenmco@charter.net](mailto:carleenmco@charter.net) & Eric Johnson, [eric.johnso3@att.net](mailto:eric.johnso3@att.net), 508-241-1564.

## FLATWATER TRIPS

Further details about these trips can be found on the web site.

### **Sunday, September 9th, 8:30 am Mystic River and Seaport**

Leaders: Barbara and Alan August  
[Webmaster@ricka.org](mailto:Webmaster@ricka.org) or 401-725-3344.  
Suitable for all experience levels and all canoes and kayaks. Enjoy a leisurely paddle through the historic seaport and backwaters of the Mystic River. If no parking available, park in the seaport parking lot (free, and just a short walk).  
Directions: Isham Street boat ramp, Mystic CT. Take Rt. 95 to exit 90. Take Rt. 27 Greenmanville Rd. Follow signs for Mystic Seaport. (you will be heading south). Just past the seaport, turn right onto Isham St. (It is just before Oak St. which can also take you there). Ramp is at the end of Isham St.

### **September 15 and 16 weekend (RSVP) Paddle the Housatonic River Shuttle both days at 10:30 AM, launch at 11:00 AM.**

**Suitable for all skill levels**  
RSVP to [jimcole@hotmail.com](mailto:jimcole@hotmail.com) or 401-226-7714

#### • **Saturday: Ashley Falls, MA to Falls Village, CT.**

Ten miles of wilderness, one portage.

#### • **Sunday: Cornwall, CT to Kent, CT.**

Ten miles of wilderness, just below the Ashley Fall section. Very scenic. No Portages, minor ripples.

Alternate weekend (depending on weather): September 15, 16.

### **September 21st, 6:00 pm 100 Acre Cove Barrington.**

Leaders: Caryl Salisbury  
[Editor@ricka.org](mailto:Editor@ricka.org) 401-245-1890 and

Rich MacKay (401)431-1043.

**Head lamp or flashlight required for night paddles.**

**Directions:** To Walker Farm boat ramp: Take Route 195 to 114 South (sign says Barrington). Go south on 114 and take the last turnaround before 114 becomes a two-way road. (If you miss it, turn around in the parking lot of the Congregational church, just after the intersection.) Immediately after the turnaround (heading north), Walker Farm is on the right. Turn in; this is the town dock and boat ramp.

### **September 29th, 10:00 am. Buffumville Dam.Charlton, MA.**

Leaders: Louise Price: 508-529-3402  
[Weezrad@aol.com](mailto:Weezrad@aol.com) and Pat Cabral:  
[JustALucyDay@aol.com](mailto:JustALucyDay@aol.com). Bring a lunch.  
Trip is suitable for all boats and levels of experience. Almost 500 acres of land and 200 acres of water comprise the natural environment at Buffumville Lake. From interstate 395, take exit 4 Oxford Center. Continue straight for 2.5 miles to Buffumville Park. Boat ramp is on the left. From Mass Pike, take the Sturbridge exit and follow route 20 to Charlton. Take a right onto route 31 and follow the signs to Buffumville Lake.

### **Saturday, October 6th Roger Williams Park Leaf Turn Paddle Arrive 9:30 AM- Launch at 10:00**

Leaders: Mark Roberts  
[Mark@GourmetGuideMagazine.com](mailto:Mark@GourmetGuideMagazine.com)  
508-809-9467 and Ed Mullen  
[kayakri@cox.net](mailto:kayakri@cox.net)

Suitable for all boats and all levels of experience. Put-in at the duck pond next to the zoo. This is a leisurely four mile paddle.

From Providence: Take I95 south to EXIT 17. Turn LEFT onto US-1/ Elmwood Ave. Turn left into Roger Williams Park and follow signs to zoo. The put in is on Polo Lake, just past the boat dock and before the zoo. After unloading, park in the zoo lot if no spaces left.

From the south: Take I95 north to EXIT 17. Turn LEFT onto US-1/ELMWOOD AVE. Turn right into Roger Williams Park a Park and follow signs to zoo. Follow directions above.



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# Stand-up paddlesurfing making island waves

By Adrienne Downing

Surfers in New England used to have to wait patiently for a good waves day to get some quality sports time in, and settle for some skateboarding or snowboarding action in between to fill the gaps. A new sport on the horizon is changing all of that, and bringing quite a few non-surfers along in the process. The sport, called stand-up paddleboarding or paddlesurfing, was started by ancient Hawaiians. It gained some attention in the 1960's when the Hawaiian Beachboys used to paddle out into the surf to take pictures of the tourists when they were surfing. It did not make the jump to the mainland and into the mainstream until recently, when surfers like Laird Hamilton increased its visibility. The board the paddlers use is made of the same



epoxy surfboards are made of, but it is about 3 feet longer than a longboard and twice as wide and thick. It has a rubber pad on the surface to decrease slipping and uses a carbon fiber oar to paddle with. "Because of the size of it, you can stand on it and it is very stable, unlike a surfboard," Brian Cotsonas, the owner of the first paddleboard on Jamestown, explained. "It is also very lightweight and buoyant." Cotsonas got interested in the sport because he is a surfer, but conditions are not always ideal for surfing in New England. "I can go out any time of day or night on this no matter what the conditions are, light

wind, heavy wind, big waves or no waves," he said. "I can also ride the waves on it, so it is a perfect double for my surfboard." He said that rather than laying down on the board and paddling with his arms to catch a wave, he uses the paddle to gain the same momentum as the wave and he is already in position for the ride. Most of the time, however, he is content to just paddle around the island, which he said is where the appeal is for most people. "A lot of people won't learn to surf, but this is a happy medium. They can do this very easily. The people I have shown how to do it picked it up the first time they tried it," Cotsonas said. His favorite spots around the island include Fort Wetherhill, Horsehead and the ferry area downtown. Unlike kayaking and sailing, standing on the paddleboard allows the paddler better visibility because they are looking directly into the water. "I wear my polarized sunglasses and I am able to see fish, lobster and all kinds of things in the water. It is quite fascinating actually," he said. Shawn Vecchione, the owner of VEC Surfboards, who has recently started shaping paddleboards because of local demand, says he can even fish from the board. "I see striper all the time when I am out, and you can even put a trawling attachment on if you want to," he said. "You can go out when it is flat as a lake and do a lot of different things." Vecchione said his favorite thing about the board is that he can go almost anywhere with it. "There are only so many beaches you can surf at, but I can go and explore pretty much anywhere there is water with the paddleboard," he said. The other benefit to the sport is that it is a very good core, low impact workout. "You really don't realize you are getting a workout on it, but the next day you can tell the difference," Cotsonas said. His time on the paddleboard has caused him to become somewhat of an unintentional local spokesperson for the sport. "I will be out on the board, or have it at the beach and people will come up to me with a lot of questions

about it," he said. "I can also see them looking at it trying to figure out what it is or people pass in boats and give me a thumbs up." He sees almost universal appeal among watersports enthusiasts for the sport. "Windsurfers, surfers, sailors, kayakers and even skiers and snowboarders could all find something they like about it. And, unlike those things, paddleboarding can be done with a minimum amount of preparation and in any conditions," Cotsonas said. He hopes to have more people join him in the waters around Jamestown. "Right now it is so new it is like an elite club," he said. "Until you try it, you don't know how great it is." For more information about VEC paddleboards, email Shawn at [vecsurfboards@hotmail.com](mailto:vecsurfboards@hotmail.com).

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## Lake paddler waiting for better weather

Wednesday, August 22, 2007  
FROM LOCAL REPORTS

The weather didn't cooperate with Joe Bidawid's attempt to standup paddle board across Lake Michigan over the weekend, the Detroit native said Monday.

Bidawid, 41, who has been training in Grand Haven and Muskegon for the world-record attempt of 59 nautical miles, said the captain of his safety team vetoed the weekend launch.

"We're at the mercy of the captain; he trumps my decision," Bidawid said.

"The weather was borderline, but my frustration is the (temperature) is unseasonable and it's also consistent. It's been like this for a few days."

He hopes to launch from St. Joseph on Thursday and arrive in Chicago 15 hours later.

Bidawid is raising money for the American Cancer Society. He has set up a Web site, [www.lakemichigancrossing.com](http://www.lakemichigancrossing.com), for donations; his progress across the lake will be charted on the Web site as well.

# Classifieds

You must be a RICKA member to have an ad posted. For more classifieds, go to [www.ricka.org](http://www.ricka.org).

## Grumman aluminum Sport Canoe

15'4" X 33". Excellent condition.

Includes 8'6" sweeps and anchor. A great pulling boat, \$750. Aluminum trailer, never in salt, \$275. 781-585-0117; [suzrobs@cs.com](mailto:suzrobs@cs.com) (8/27)

**Old Town Cayuga 146** (2007 model)....USED ONCE, in perfect condition, still has the stickers on it! Yellow, great features include very comfortable/adjustable seat, easily accessible day hatch, thigh braces, very good stability. Check it out at [www.oldtowncanoe.com](http://www.oldtowncanoe.com) For reviews check out [www.paddling.net](http://www.paddling.net) MSRP \$999....asking \$725 Email [businessfile12@gmail.com](mailto:businessfile12@gmail.com) (Shirley) (8/27)

**Compass Cayak Tippet** - Classic J.H. Rushton design (open top, paddled like a kayak) reproduced in ultra light Kevlar. Length 12'9" Weight 22 lbs. Color: Sand. Extremely stable-suitable for fly fishing. Remarkably fast and wind resistant for such a small boat. (Note: Company was recently sold, this boat is now rotomolded plastic and weighs 50lbs. For original model see <http://www.rackelhanen.se/eng/10264.htm>

Barely used. \$850 or best offer. Barbara August, 401-725-3344 or [b.august@cox.net](mailto:b.august@cox.net) (8/26)

**Werner Cyprus Paddle** 220 cm ,Straight Shaft used once, \$380.00 new will sell for \$275.00 Call Greg or Patrice at 401-624-2822 (8/14)

**Old Town Discovery 164 canoe:** 16'4" LIKE NEW - Sweet, used twice, stored indoors; \$500. Pics available [wsk112@gmail.com](mailto:wsk112@gmail.com)

**Current Designs Extreme.** Excellent condition. Fast sea kayak. Handles all conditions well. Kevlar. Smart Trac Rudder control. Yellow/White. New \$3200+, asking \$2600. Located in North Kingstown. Call Tom 401-885-7649

**Wilderness Systems 165 Tempest Pro Kayak** Fiberglass, like new

\$2,250. No scratches on top or bottom. Have plenty of extras at additional prices. Built in factory compass and the newer seat. Call Ed: 401-885-2326 N. Kingstown (7/21)

**Pygmy Arctic Tern High**, 17'x 23" w x 13.5d, 51lbs with bulkheads & hatches, extra glass. High volume version of Arctic Tern, hard chine stitch&glue, for larger paddler. I built it for foot/leg room, but it's too big for me at 180 lbs. See it at [www.pygmyboats.com](http://www.pygmyboats.com), or email me for photos. \$900. Rod at [rodnlisab@verizon.net](mailto:rodnlisab@verizon.net) (7/13)

**EMS Shearwater (old Cape Horn 15.5)** sea-kayak with rudder. 3 years old. I am asking \$550 (or best offer) as it is missing one neoprene hatch cover, otherwise good condition.

**Perception Avatar** (poly) sea-kayak, almost new (used twice). Asking \$889. [www.kayaker.com/new/products/boat.asp?type=touring&ID=73](http://www.kayaker.com/new/products/boat.asp?type=touring&ID=73)>

Contact Mike, 1-508-677-3665 (7/4)

**Seaward Quest, special "Guide Edition"**, 19', fiberglass and in immaculate shape. All the bells and whistles. Striking ivory hull, red deck and yellow seam striping color scheme. This kayak is fast and can handle anything. Own this rare bird for \$2000. Call Bill @ 401 253 2191, [wjgirrier@yahoo.com](mailto:wjgirrier@yahoo.com) (7/2)

**A variety of items for sale:** Neoprene **wetsuit pants** 41in lenth GC fit 125lbs to 135 lbs.\$15. Walrus **tent** floor 72in x 64in height about 48in with fly, GC, starting price \$55.

Perception Harmony **Sprayskirt** LC-1, for a white water boat, VGC, \$30 asking price. New London call Judy 860-439-1556 or [holderjsculpt@gmail.com](mailto:holderjsculpt@gmail.com) (6/27)

**Kevlar Arluk III** by Necky. Yellow/white, 18ft., \$1399 OBO. Also a ton of accessories. Call Bob, 401-247-2309. (5/21)

**Dagger Super Ego.** White water play boat, handles big water (class V) very well. Boat has seen little use. Google the boat for a picture. \$350 Email with interest: [jw\\_20@hotmail.com](mailto:jw_20@hotmail.com) or

call 401 783-4112 (5/15)

**Seaward Expedition kayak**, made in Canada, 18'-5". Blue over white hull, two hatches, great storage, little usage minor hull scuffs, rudder, stored indoors. Deck bungies and reflective perimeter lines. Multi chine shallow V hull. Adjustable seat and backrest. Asking \$1275. David in Warwick 737.5825 (5/9)

**Werner Camano Paddle**, all carbon, straight shaft 230cm. Very good condition. Has reflective tape on the blades. I am a smaller paddler and went with a shorter paddle. So I don't really need the longer paddle anymore. I paid \$300 for it and I'm asking \$200 OBO. [lsfalter@verizon.net](mailto:lsfalter@verizon.net) (5/2)

**Canoe - 16 Foot fiberglass** with caned-wood seats and wood parquet inlay flooring. Stored indoors and in excellent shape. Paddles included. \$400. E-mail [RLCoupland@msn.com](mailto:RLCoupland@msn.com) or call 401-792-9947 evenings. (5/1)

\* **8' Pyranha Acrobat** 270 - Well used, but no leaks, still reliable and useable. Spray skirt incl. \$100 OBO.

\* **10' old Perception Corsica** - no holes, needs air bags, spray skirt incl. \$85 OBO.

\* **76" Lightning** brand whitewater paddle - tip has been re-fiberglassed, \$25. \* **White water helmet** - Pro-Tec yellow, \$15.

\* **Perception Harmony sprayskirt** - LC-1 neoprene - medium waist (approx 25" circumference), fits Corsica or similar whitewater kayak, GC, \$25.\* **Neoprene pants** - 41" length, approx. women's size 12, \$15. \* **Walrus 2-person tent** - GC, \$55.\* **Crazy Creek Therma-lounger**, 46" x 20", \$10. Yakima rack - towers, stretchbars, other parts, best offer.

CLASSIFIEDS ARE FREE FOR RICKA MEMBERS.

Send to RICKA Webmaster Alan August: 70 Scott Street, Pawtucket, RI 02860; 401-725-3344; [webmaster@ricka.org](mailto:webmaster@ricka.org). Include your name for membership verification. Please notify the webmaster when your gear is sold so that the ad can be removed. Acceptance, duration and formatting of your ad is at the webmaster's discretion.